



Suggestions for Starting the CAR T Cell Therapy Conversation

You may have heard about CAR T cell therapy and have questions about what it is, what it involves, and whether it could be an option for you. A good way to learn about your options and which one is right for you is by talking with your doctor and healthcare team.

My treatment experience:

Take a moment to answer the questions below to help prepare for conversations with your doctor and the CAR T healthcare team:

- What type of illness do you have and when were you diagnosed?

- What previous treatments have you received for this illness?

- What other health conditions do you have?

- Does anyone in your family have similar illnesses?

Examples of questions you may want to ask your doctor and the CAR T healthcare team:

Learning about CAR T cell therapy

- What is CAR T cell therapy?
- How does it work?
- How well does it work for my disease?
- What are the possible side effects? Can these side effects be serious?
- How common are side effects?
- Are the side effects the same for all CAR T cell therapies?
- What has been your experience with treating patients with CAR T cell therapy?
- How is it different from other treatments for my disease?
- What illnesses can CAR T cell therapy be used to treat?
- Are all CAR T cell therapies the same?
- Are there any additional considerations I should keep in mind when planning for CAR T cell therapy (eg, caregiver support)?

Finding out if CAR T cell therapy is right for you

- Based on my treatment history, is CAR T cell therapy an option for me?
- How do you determine if I am able to move forward with CAR T cell therapy?
- If I'm eligible for CAR T cell therapy, how will we choose which one is right for me?
- If CAR T cell therapy is not an option for me now, could it be in the future? Are there other options we should look into?

Understanding the treatment process

- What are the steps involved with CAR T cell therapy?
- How long does each step take?
- For which steps will I need to visit and/or stay overnight at the hospital/treatment center?
- At which step(s) in the process will I need to rely on my caregiver?
- What kind of support is available to help me or my caregiver throughout the process?

Preparing for the CAR T cell infusion

- How long does it take for the CAR T cells to be made?
- When will I need to arrive at the hospital/treatment center for my CAR T cell infusion?
- Is any treatment given before the CAR T cell infusion?
- What happens if my illness gets worse while I'm waiting for the CAR T cells to be made?

Receiving the CAR T cell infusion

- How long does the infusion take?
- Where would I receive CAR T therapy? If it is at the hospital, how long do I have to stay?

Understanding what happens after CAR T cell therapy

- How will I know if CAR T cell therapy is working on my illness?
- When do the side effects occur? How long do they usually last?

